



Volunteers For Youth PAL Mentoring Program Mentor Questionnaire

Please answer the following questions as honestly and completely as you can. This questionnaire is designed to help us determine a good fit within our program and enable us to make good matches with the youth we serve. If you need additional space for any of the questions, please use the back of the page, or add an additional sheet if necessary.

Name: _____ Date: _____

1) Why do you want to be a mentor with the PAL Program?

2) How will you benefit from being a volunteer with the PAL Program?

3) What are your expectations for being a mentor; what do you hope to gain from the relationship?

4) What strengths do you bring to the PAL Program for being a mentor?

5) What do you think are your personal limitations?

6) What are your areas of special interest? What do you do in your free time?



7) What other volunteer experiences have you had?

8) Have you worked with children/young people before? If so, in what capacity?

9) Working with young people can be frustrating, how do you handle frustrations?

10) Tell us a little about your background, where and how you were raised, how you would describe your childhood.

11) Do you have any health issues or limitations? If so, please explain.

12) Have you ever received counseling or behavioral health treatment? If so, please explain when the treatment was, how long you attended, was it inpatient or outpatient and what, specifically, you were treated for.

12) What is your expectation of the supervision you will receive in your capacity as a PAL Mentor?



Please respond to the following:

- A) You have rearranged your schedule two weeks in a row to be able to meet with your mentee and find out he/she is absent when you have arrived at the school. How do you feel? How would you respond?
- B) How would you respond in a situation where your mentee asks you for money to purchase something?
- C) You are meeting with your mentee at the end of the school day on a rainy, cold day. Your mentee has to walk home at the end of the day. He/she tells you they really don't feel well, starts coughing and asks if you would be able to give them a ride home when school lets out. How do you respond?
- D) Your mentee has shared with you in the past that he/she really feels comfortable talking to you and knowing that what you talk about stays just between the two of you. A few weeks later while you are meeting, your mentee shares with you that he/she has not been getting along well with mom and a few of their disagreements have led to physical fights between them. He/she has some bruises on the arms and shoulders, but says he/she told everyone they were from wrestling around with their sibling. What do you say?